

# Where Community Begins

**BOULDER CITY PARKS & RECREATION**

**SEPTEMBER 2022 ~ FEBRUARY 2023**



**900 Arizona Street  
Boulder City, Nevada**

**702-293-9256 ~ [www.bcnev.org](http://www.bcnev.org)**

# Quality of Life

**Better Health ~ Community Awareness ~ Community Involvement  
Cultural Enrichment ~ Educational Development ~ Fitness Opportunities  
Higher Self-Esteem ~ Lush Landscaping ~ Personal Growth**

## MISSION STATEMENT

To provide high-quality and cost-effective recreation activities for all residents of Boulder City. These programmed activities include workshops, labs, tournaments, camps and classes, as well as activities in aquatics, arts, golf, sports and special events. We are striving to meet the community's recreational needs in all phases of our operation.

### City Council

Kiernan McManus, Mayor  
Claudia M. Bridges, Mayor Pro Tem  
Sherri Jorgensen, Council Member  
James Howard Adams, Council Member  
Mathew Fox, Council Member

### City Manager

Taylor Tedder, CEcD

### Parks and Recreation Commission

Chairperson, Scott Hinson  
Members, Rose Hess, Chuck Pickens,  
Carla Morgan, Mike Pontius,  
Steve Robbins & Valerie McNay

### Parks & Recreation 702-293-9256

Director, Roger C. Hall  
Recreation Manager, Julie Calloway  
Department Secretary, Sheri Bonk  
Office Assistant, Pam Hickey, Linda Estes  
Maintenance, Ryan Allain,  
Mike Contreras, Matt Rogers, Peter Torres,  
Kim Smith & Josh Haines

### Recreation 702-293-9340

Coordinator, Jennifer Spinkelink

### Sports 702-293-9254

Coordinator, Kelly Lehr  
Assistant Coordinator, Jami Goudy

### Aquatics 702-293-9286

Coordinator, Cheree Brennan  
Assistant Coordinator, Sierra Beggs

### Art Center 702-293-9340

### Fitness Center 702-476-0180

Manager, Marcie Gibson

### Golf Courses

Director of Golf, Andy Schaper  
Boulder City Municipal Golf Course 702-293-9236  
Boulder Creek Golf Club 702-294-6534

Dear Boulder City Residents,

Welcome to Boulder City Parks and Recreation! We have a diverse range of programming offered, from Aquatics to Art, Golf to Horseback Riding, Pickleball to Yoga. Residents of all ages and abilities can benefit from the many programs. The wonderful community in Boulder City was clear from the first day I arrived in Boulder City: some of the best public parks in Nevada, world-class trails, and facilities where youth and adults can play, learn and create. There truly is something here for everyone.

Please take a moment to check out some of the fantastic programs being offered September 2022-February of 2023. Many popular programs fill up, so be sure to get signed up early to ensure your spot. If you have questions about programs offered in the past, recommendations for new programs or classes, or suggestions on how we can improve our programs, please contact us at 702-293-9256.

Thank you to the City Council for your continued support of these programs and to the staff of the Parks and Recreation Department. Your commitment to keeping Boulder City residents active is greatly appreciated by all.

For more information on Boulder City, visit our website at [www.bcnv.org](http://www.bcnv.org) and follow us on our various social media platforms.

Sincerely,



Taylor Tedder  
City Manager



**General Information:** Please call the recreation department to register for recreation classes and programs. The phone number is 702-293-9256. Open M-TH / 7am-6pm. Please call the pool and fitness center directly to register for classes.

**Registration Tips:** Contact the facility where the program is offered to inquire about registration dates. Late registration is accepted if space is available and the class structure supports it. Classes may be canceled due to lack of enrollment, or they may fill due to limited space. Please make every effort to register in advance. Fees are subject to change.

**Customer Satisfaction Policy:** It is the City of Boulder City Recreation Department's goal to provide excellent customer service. Please contact our main office at 702- 293-9256 with any customer service issues you may have.

**Make-Up Classes:** No make-ups, credits or refunds will be given due to participant absenteeism. In the event of a prolonged illness/surgery, please promptly contact the facility front desk staff so that they can forward the request to the appropriate supervisor for review. The Department does not refund, makeup, or credit, for any missed classes or programs due to inclement weather, or equipment failure. Within a session, if these factors become excessive, and a make-up class is not possible, a facility pass, credit or refund will be issued at management's discretion.

**Accommodations:** The Parks and Recreation Department strives to make all facilities, services, and activities available to anyone with disabilities. Accommodations and resources are available to include participants in all regularly scheduled activities, regardless of age or disability. Accommodations may be arranged by calling or visiting our office.

<b><u>AQUATICS &amp; RACQUETBALL</u></b>		<b><u>Art Activities &amp; Classes</u></b>		<b><u>SPECIAL INTEREST CONTINUED</u></b>	
Pool Policies	5	<b><u>Cont.</u></b>		Gymnastics	16-17
Racquetball & Wallyball	6	All About Abstract	10	Horseback Riding	17
Pool Parties	7	Fine Art Prep	10	High Fitness	18
		Soy Candles	9	Martial Arts - Aikido	14
<b><u>Swim Lessons</u></b>	6	Wire Wrapping	9	Pilates	19
Parent/Baby-Tot	6	BC Art Guild	11-12	Tai Chi Chi Kung	18
Private	6			Yoga with Sheena	19
Youth Learn To Swim	6	<b><u>COMMUNITY FITNESS CENTER</u></b>	20	Yoga with Joan	17
		Personal Training	20		
<b><u>Special Events-Pool</u></b>		<b><u>GOLF</u></b>	13	<b><u>SPORTS</u></b>	
Soggy Doggy Pool Pawty	6	Boulder City Golf Course	13		
<b><u>Fitness Class</u></b>	7-8	Boulder Creek Golf Club	13	<b><u>Pickleball</u></b>	22
Water Aerobics	7				
Evening Water Aerobics	7	<b><u>OPEN GYM</u></b>	22	<b><u>Youth</u></b>	
Low Intensity Water Exercises	7	<b><u>PARKS DESCRIPTIONS</u></b>	24 - 26	Flag Football, Soccer,	21
Swimming for Fitness	8	<b><u>PARK LOCATOR MAP</u></b>	27	Volleyball, Basketball	21
Swim & Trim	8				
-		<b><u>SPECIAL INTEREST</u></b>		<b><u>Adult</u></b>	
<b><u>Swim Team</u></b>	8	Basketball Camp	14	Basketball, Volleyball,	22
Pre Swim	8	Dance~Line Dancing	19	Softball & Dodgeball	22
BCH Swim Team	8	Dance~Swing	15		
		Dance~Square & Contra	15	<b><u>YOUTH PROGRAMS</u></b>	
<b><u>ART CENTER</u></b>		Dog Handler Training	14	Safekey	23
<b><u>Pottery</u></b>		Functional Fitness for Seniors	18	Winter & Spring Break Safekey	23
Throwing, Workshops & Lab	9			Tiny Tots	23
<b><u>Art Activities &amp; Classes</u></b>	9-10				
Adult Fine Art	10				

# *Are you looking for a part-time job?*

**Boulder City Parks and Recreation  
might be perfect for you!**

## **Safekey Aide:**

- **Supervision of elementary students before and after school**
- **Flexible schedule with No nights or weekend shifts**

## **Pool:**

- **Water Safety Instructors**
- **Cashier**
- **Lifeguard**

## **Tiny Tot Aide:**

- **Supervision of 3-5 year olds**
- **Enriching young minds through art, play, creativity, and socialization**

## **Sports Official**

- **Supervision of gymnasium use and youth sport leagues**
- **Flexible work schedule, great for high school students**

**Apply today at [www.bcnv.org/careers](http://www.bcnv.org/careers)**

# Do you recognize this playground?



## Look Familiar?



This is the new and improved Xeriscape Park at  
1808 Royal Birkdale Dr.

### **FACILITY INFORMATION**

The Recreation Department operates the swimming pool & racquetball complex at 861 Avenue B. The facility consists of 3 pools: a year-round recreation/lap pool, and during the summer months, a wading pool and a diving pool. The diving pool includes a 1 meter diving board and 2 16' high 4' wide climbing walls available for public use. There are 3 racquetball/wallyball courts and a cross-training room to complement pool programs.

### **POOL FEES & HOURS**

AGES	Youth 0-17 / Adult 18-59 / Senior 60+	
15-PUNCH PASS	Senior	\$27.00
30-PUNCH PASS	Senior	\$51.00
15-PUNCH PASS	Adult	\$41.50
30-PUNCH PASS	Adult	\$76.50
INDIVIDUAL ANNUAL		\$175.00
FAMILY ANNUAL		\$300.00
DAILY		\$3 Adult

**YOUTH SWIM FEES WAIVED !!! City Council approved a measure to provide funding so that kids can swim during open swim hours FREE OF CHARGE THROUGH DECEMBER 31, 2024. The City of Boulder City received ARPA funds as a result of the COVID 19 pandemic.**

**\*Hours are posted at the complex and on the website [www.bcnv.org](http://www.bcnv.org)\***

**\*Dates and times subject to change\***

**\*Scheduled maintenance May & September dates to be determined\***

**\*\*The "OPEN" section of the pool is not available for use during adult lap swim unless cleared with management.\*\***



### **POOL POLICIES**

During all pool hours, including swim class times, children under 8 years of age cannot be left unattended at the pool and facility. Parents or a responsible individual age 14 or older must be present at all times. In addition, children who are under 8 and who cannot pass the swim test, must be accompanied by an individual 14 or older who is in the water within arm's reach of the child.

#### **Rules include, and are not limited to:**

- **Shower before entering pool**
- **No diving in shallow water**
- **No running**
- **No extended breath holding**
- **All children under 4 must wear a swim diaper. **No exceptions!****
- **Please read all rules before entering our facility**

### **CLASS POLICES**

It is the desire of Boulder City Pool to provide a variety of classes for our community every month.

**We ask that patrons sign up well in advance of class start date in order to schedule appropriate class space and ensure instructor availability. Classes may be canceled due to low registration number.**

If a class lacks the minimum number of registrants the day prior to the start date, the class will be canceled for the first day and will start the next scheduled day, if minimum registration has been met. If the class lacks the required registrants after a week of the original start date, the class will be canceled for the month. We apologize for any inconvenience this may cause.

### **LIGHTNING POLICY**

For our patrons' safety, the pool will close for 30 minutes if thunder is heard within 30 seconds of lightning being seen. If this occurs, please exit the pool deck **immediately**. Patrons are not to shower before they exit the locker rooms, as lightning can travel through waterlines. If the lighting ceases within 30 minutes, the pool will re-open. We encourage our patrons to call the facility during poor weather conditions if they are unsure if the pool will be open. **One pool admittance will be granted if paid admittance has been received within 30 minutes of closure.**

## RACQUETBALL INFORMATION

Open play racquetball is available for the general public. Call 293-9286 for more information.

### OPEN PLAY FEES:

Prime	M-Th	4:00pm-closing	\$8/hr
	Fri	4:00pm - 5:00pm	
Non-Prime	M-Th	6:00am-4pm	\$6/hr
	Fri	3:00pm-4:00pm	
	Sat/Sun	Closed	

Reservations are taken up to 2 weeks in advance by calling 293-9286. (Walk-ins accepted) Racquet's are available for a \$1 rental fee. Protective eyewear is strongly recommended. Limited supply available for use at no charge.

## WALLYBALL

Enjoy the fun & excitement of wallyball in a temperature-controlled racquetball court. Similar to volleyball, but court walls are used to keep the ball in play which provides interesting strategy & longer play periods. A great activity for 4, 6 or 8 players. Please call 293-9286 to reserve a court. Specify that you want to play wallyball! Equipment provided.

Fee per court \$11 per hour

## TENTH ANNUAL SOGGY DOGGY POOL PAWTY

**Saturday, September 24th**  
**9:00am - 10:00am or 10:15 - 11:15am**

Come enjoy an end-of-season celebration for your pooch. This outdoor event features canine swim time and a whole lotta doggone fun! The pool closes to humans and opens up for dogs only to enjoy. Please call the pool for registration information, costs, participation policies and details on the event. Please bring your own dog toys and mess clean-up supplies. \*Must show current rabies vaccination & City license to register\*



## American Red Cross Swim Lessons

### Parent & Child Classes:

Water adjustment & water safety skills. Songs & games make the water a fun place to be and helps enhance parent/child relationships. An adult must be in the water with each child.

Fees: \$32.00/month; average 8 30-minute sessions per month. Classes held 2X/week, both am and pm options may be available year round. Inquire at pool for specific times.

Water Babies: Ages 6mos to 2 1/2 yrs.

Pollywogs: Ages 2 1/2 to 4yrs.

\*may be combined if not enough registrants

### Preschool & Youth Learn-to-Swim:

We teach progressive swimming techniques for non-swimmers to advanced. Children learn water safety as well as swimming strokes and techniques.

Preschool: ages 4-5 yrs. & LTS: ages 6yrs. & up.

Fees: \$30-\$36/month or session, depending upon level

### Fall-Spring

Class offerings are determined based on need; classes are Preschool 1, Preschool 2, LTS1, 2 & 3. Scheduled on Monday/Wednesday or Tuesday/Thursday between 4:00-5:30pm

### Private Swim Lessons

All ages: \$18 per 20 minute lesson or \$25.00 per 1/2 hour per person. Please inquire at the front desk.

### Youth Learn-to-Swim Grant

Thanks to SNICC, Copper Mountain Solar, and SDGE, we are proud to offer a Learn-to Swim Grant to children 4yrs old or younger. If your child is enrolled in Parent-Child or Preschool and a Boulder City resident, they are eligible to receive the grant.

**How it works:** Come in, sign up and pay for the class. After the student attends 70% of the class, they are eligible to receive a refund. (Refund may take up to six weeks.)



**The Boulder City Pool is Hiring!**

Are you 16 or older and seeking a fun and rewarding part-time job? Are you retired and seeking a rewarding hobby and job? If you are certified to lifeguard, teach swimming lessons, water fitness or pool maintenance.

**WE WANT YOU!**

Inquire at pool if you need certification. Call 702-293-9286 for more information

**POOL PARTY/RENTAL PACKAGES**  
**Packages start at just \$75.00**



Not sure where to have your next special event? How about at the pool! Rent the main pool for a private party or join us during our open swim hours; your guests are sure to have a SPLASH!

Packages also include use of the Multi-Use Building in the adjacent Broadbent Park. Use of the dive tank and/or wading pool, available in the summer months only, will require additional fees. Please call the Pool ahead of time if you plan to bring a party during our open swim times!

**WATER FITNESS CLASSES**

\*Improve your health, mobility and flexibility while enjoying an aerobic workout set to music in the refreshing and invigorating pool environment. Water reduces the effect gravity has on the body and yet is about 12 times more resistant than air. This provides more toning and calorie burning in less time with minimal stress on joints--win-win! Raise your heart rate and have fun!

Age 13+

Monthly class \$32/month (average) for 2 days/week  
 \$64/month (average) for 4 days/week

**Aqua Fit & Fun with Terry (before bubble up)**

Level 2/3	Tues/Thurs	7:00-7:55am
Level 1/2	Tues/Thurs	6:00-6:55pm

**Aqua Fit & Fun with Terry (after bubble up)**

Level 2/3	Tues/Thurs	9:00-9:55am
Level 1/2	Tues/Thurs	6:00-6:55pm

**Hydro Move & Groove with Colleen**

Monday - Thursday 8:00-8:55am

Provides: Interactive group setting!  
 Fun!  
 Stress relief!

Improve: Muscle strength & tone  
 Balance & coordination  
 Flexibility  
 Cardio Fitness



**Have a Heart & Do Your Part!!**

**Have a Heart & Do Your Part!!**

**FREE-SWIM-A-THON FUNDRAISER**

**Event and beneficiaries  
 to be determined**

**CLASSES continued**

**\*SWIM FOR FITNESS**

This program is perfect for those who want a good workout and learn proper stroke technique. A great way for swimmers to stay in shape! Must be able to swim freestyle and backstroke, 50 meters each and know breaststroke kick.

Ages 13+  
 Monthly classes 2x/week \$30/month  
 Fall-Spring Tuesday/Thursday 6:00-6:45pm

**\*SWIM & TRIM**

Are you ready to have more energy and feel better? This free program is for you! All you need to do is start swimming and record your miles on a tracking poster located in the pool lobby. Swim a lot or just a bit, it doesn't matter. Just keep track! Once you have completed 100 miles, you become part of the 100 mile club, and are entitled to receive a free 15-punch pass to the pool. More details on the program are available at the pool. The program runs January 1-December 31. Registration is ongoing.

Age 13+  
 Fee pool admission

**\*PRE-SWIM TEAM**

A great class for the child who has learned the basics but is working on more coordinated strokes in order to prep for Swim Team. Focus is on stroke refinement and learning competitive skills & techniques. Must be able to swim freestyle and backstroke, 25 meters each and know breaststroke kick.

Prerequisite: Pass Level 3 or 4 and evaluation prior to registration.

Age 6+ Monthly Class \$52/month(average)  
 Fall-Spring M/W/Th 4:30 - 5:15pm



This year-round competitive program develops physical fitness, confidence and self-discipline. Swimmers age 6-18 must be able to swim 1 length freestyle and backstroke and kick 1 length breaststroke and butterfly. For more information and to schedule an evaluation contact the coaches at:

Katie Tyler: [katiet@bchswim.com](mailto:katiet@bchswim.com)  
 Mike Polk: [mspbch@aol.com](mailto:mspbch@aol.com)  
 Website: [www.bchswim.com](http://www.bchswim.com)

\*Practice is held at a Henderson pool during seasonal pool maintenance.

**Junior High/High School Group:**

Fall-Spring M-F 2:30pm - 4:00pm

**Elementary Group:**

Fall-Spring M-F 3:30pm - 4:30pm



**If anyone is in need of financial assistance for an art class contact BC Art Guild at 702-293-2138**

**POTTERY LABS** *(Not an instructional forum)*

One free lab a month with purchase of a class.  
 Dates: Sundays 9/18, 10/16, 11/20, 12/18, 1/15, 2/19  
 Time: 2pm - 5pm

**POTTERY THROWING & HAND BUILDING  
 BEGINNER TO INTERMEDIATE**

Each session is structured to the students' skill level. Class progression is accomplished by taking several sessions and labs. \$30 Material Fee Includes: 25lb bag of clay which includes 10 pieces, glazed, fired and use of equipment. An additional fee will be required if more pieces are made from one bag of clay. One free lab is included.

Location: Art Center Room #6  
 As needed: \$30 city material fee

**CRAIG COREY** graduated from Otis Art Institute in Los Angeles with a BA and has over 20 years of experience in ceramic art.

Age: 16-Adult  
 Day & Time Monday 6:30pm-9pm  
 No Class: 9/5, 12/26, 1/2, 2/20

Sept	\$36
Oct	\$60
Nov	\$48
Dec	\$36
Jan	\$48
Feb	\$36

**JULIE CONNELL**, with an AA in art, has taught all ages and skill levels at Reed Whipple Cultural Center for 13 years.

Age 16-Adult  
 Day/Time No Classes: 11/24, 12/20-22

**Tues 9-11:30am      Thur 2-4:30pm or 6:30-9pm**

Sept	\$48	Sept	\$60
Oct	\$48	Oct	\$48
Nov	\$60	Nov	\$36
Dec	\$36	Dec	\$48
Jan	\$60	Jan	\$48
Feb	\$48	Feb	\$48

**SATURDAY POTTERY WORKSHOPS**

Instructor **JULIE CONNELL**

**Pumpkins: October 8**  
**Garden Gnomes: December 10**  
**Handprint Platters: February 11**

Age: 8-Adult  
 Sat: 10am-noon  
 Fee: \$20



**SOY CANDLES** Instructor **JULIE CONNELL**

Replace your petroleum based paraffin candles with non-toxic soy candles, made by you, that burn cleaner, cooler and longer.

Age: 8-Adult  
 Location: Art Center #1  
 Fee: \$20 + 5 material fee paid to instructor  
 Day & Time: Sat (1 day)  
 10am-noon  
 Date: September 10  
 November 12  
 January 14

**WIRE WRAPPING**

Instructor **CHET FREEDMAN** is an avid jewelry designer and crystal collector. In one day, you will learn the techniques to fashion a semi-precious stone pendant wrapped with silver.

Age: Adults only  
 Location: Art Center Room #4  
 Fee: \$20 per 1 day session plus \$20 material fee paid to instructor  
 Day & Time: Thursday 5-8pm  
 Dates: 9/8, 10/13, 11/10, 12/8, 1/12, 2/9

Saturday's are available if multiple students are interested.

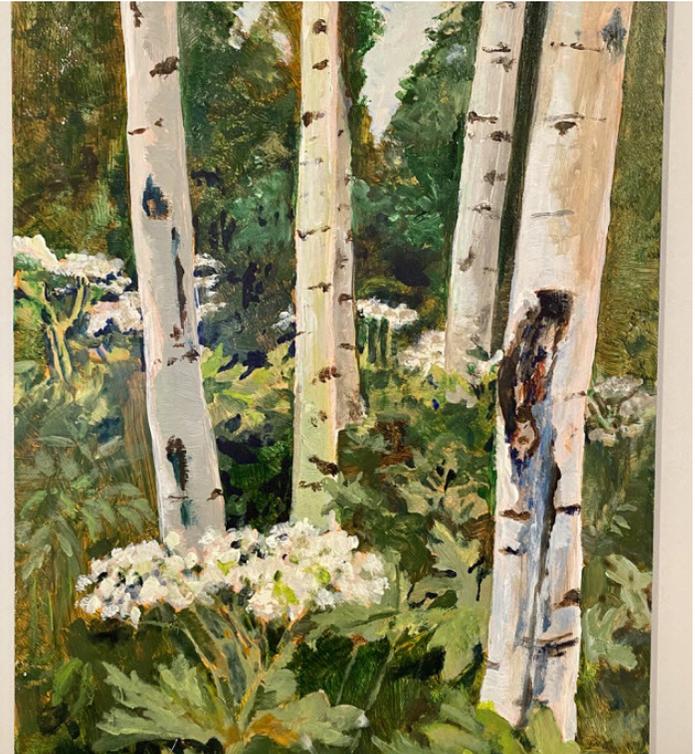


**ADULT FINE ART** This is an ongoing painting class, but you can start anytime. Students will become acquainted with the Elements and Principles of Design and how to use them in painting by using a variety of painting techniques and practices. You will learn how to use Acrylic paint and other materials to go with them. **Diane Ricks** has an understanding of techniques and materials and taught at the college level for 22 years.

Age: High School to Adult  
 Location: Art Center #1  
 Cost: \$48 per month  
 \$15 /drop in per class  
 Day/Time: Tuesday 10am-12pm

Occasionally a class may need to be canceled and the monthly fee will be adjusted.

**Materials:** Acrylic paint set plus large tube of white  
 several brushes both flats and rounds  
 Canvas or canvas boards no larger than 16" X 20"



**FINE ART PREP** Taught by **Denise Connell**, who has taken pottery and been a volunteer with the Art Center for over 10 years. In this class you will be acquainted with a variety of drawing techniques using pencil, charcoal, watercolor, acrylics, pen and ink.

Age: 7-12  
 As needed: \$10 city material fee as needed  
 Day/Time: **Thurs. 4:15pm-5:30pm**  
 Dates: Sept \$50 Oct \$40  
 Nov \$30 Dec \$30  
 Jan \$40 Feb \$40

No class: Nov 24, Dec 22 & 29



**All About Abstract** taught by **Linda Shaffer**  
 Beginning and intermediate students will learn: multi layering painting techniques, monoprinting, and collage to create strong abstract painting. Focus will be on the use acrylic paints, mediums, gel plates, papers and tools that go beyond paint brushes. This class is for students age 16 and above. Materials students need to bring: 12 " x 12 " cradle wooden painting panel, mark making tools, paint brushes, gloss or mat medium, paper towels, gloves (optional), and an apron. Acrylic paint: titanium white and six more colors of their choice.

Fee: \$54 plus \$20 paid to instructor 1st day of class  
 Day/Time: Thursdays 9am-noon

Sept 8, 15, 22                      Oct 6, 20, 27  
 Nov No Classes                    Dec 1, 8, 15  
 Jan 5, 12, 19                        Feb 2, 9, 16



**Register & Pay at the Boulder City Art Guild Gallery in the Boulder Dam Hotel, Suite #104 or call 702-293-2138 during business hours: Mon-Sat 10 to 4; Sun 10 to 3pm.**



### NEW CLASS with GLORIA COULSTON

Create Lavender Gifts. Sachets and Wands made from homegrown lavender, lavender filled painted sachets and woven lavender wands .

**Saturday, September 3, 2022 10 am to 3 pm**

Where: BC Art Center 801 Adams St. Boulder City

Cost: \$30 plus \$15 materials fee paid to Instructor for all needed supplies.

Sign up at Art Gallery or call 702/293-2138 by 8/26

Students bring apron and small watercolor brushes round 1 and 6



### Join the Fun for Free

at BCAG Art Group

Wednesday mornings from 9am to noon  
at the Boulder City Art Center 801 Adams Blvd.

Its **Free** and open to any level and medium.  
Bring your own supplies and enjoy the company of  
other artists as we share art and information.

The Boulder City Art Guild is offering scholarships for individuals for classes offered at the Art Center. Call the Art Guild for more information and to apply. 702-293-2138



### A NEW TECHNIQUE !

**Georgia Lawson** has found something new to add to or rescue a watercolor. It is called "BOKEH" and we think you will love learning how to use it.

**Saturday October 8, 2022 10am - 2 pm**

(bring a lunch or snack)

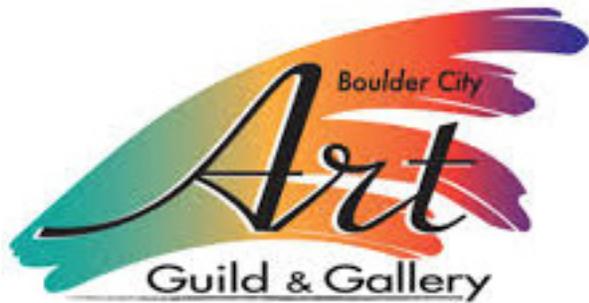
Cost \$60 for the instruction and extra supplies.

Art Center 801 Adams Blvd. Boulder City

Register at the Art Gallery or call 702/293-2138  
by Sept 5, 2022

**You need to bring:** Watercolor supplies , a support board, an old unfinished painting or a painting that needs something else or a lift.

**Register & Pay at the Boulder City Art Guild Gallery in the Boulder Dam Hotel, Suite #104 or call 702-293-2138 during business hours: Mon-Sat 10 to 4; Sun 10 to 3pm.**



## WE LOVE JEWELRY CLASSES

**Val Catalozzi** has another beautiful bracelet for us. It is called "Two Tone Elegance" and you will love wearing it and knowing you made it yourself.

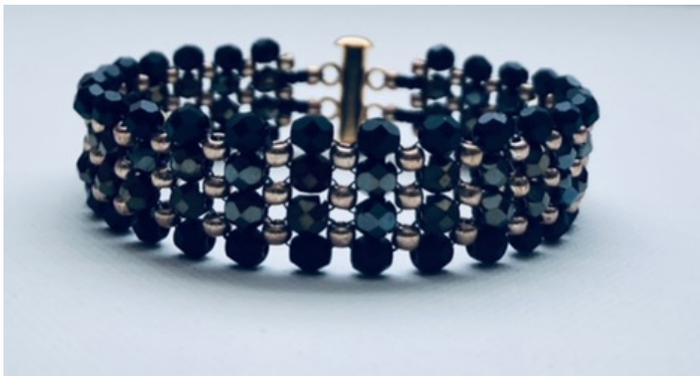
**Saturday February 4, 2023 10am to 3pm.**

Location: BC Art Center 801 Adams Blvd.

Cost: \$40 when you sign up and \$10 paid to instructor at the class for all supplies

Sign up at the BCAG Art Gallery or call (702) 293-2138.

Limited to 10 students Sign up by 1/27/23

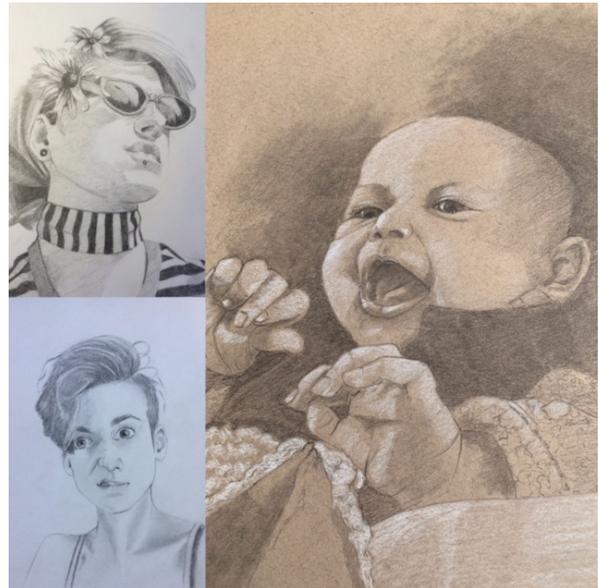


## Join the Fun for Free

at BCAG Art Group

Wednesday mornings from 9am to noon  
at the Boulder City Art Center 801 Adams Blvd.

Its **Free** and open to any level and medium.  
Bring your own supplies and enjoy the company of  
other artists as we share art and information.



## Have you always wanted to draw people that look like who they are?

This is your chance to learn how to achieve that skill with **Cathy Coffey**. This class will teach you the basics of portraiture, eyes, nose, mouth, etc. with discussions on light and shadow.

**Saturday, January 7, 2023 from 10am to 3 pm.**

**Cost: \$45 for the day**

Art Center 801 Adams Blvd room #1

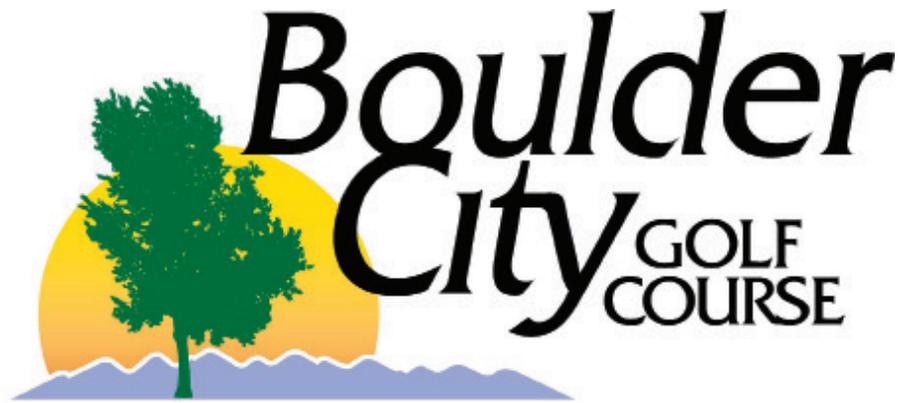
### Materials needed:

Sketchbook 8" X10" or larger  
HB Pencil #2, B pencils 4 thru 8  
Kneaded eraser  
Q-tips and small blending stump

Minimum 3 students/ Maximum 8 students

Register by calling the Boulder City Art Gallery  
702-293-2138



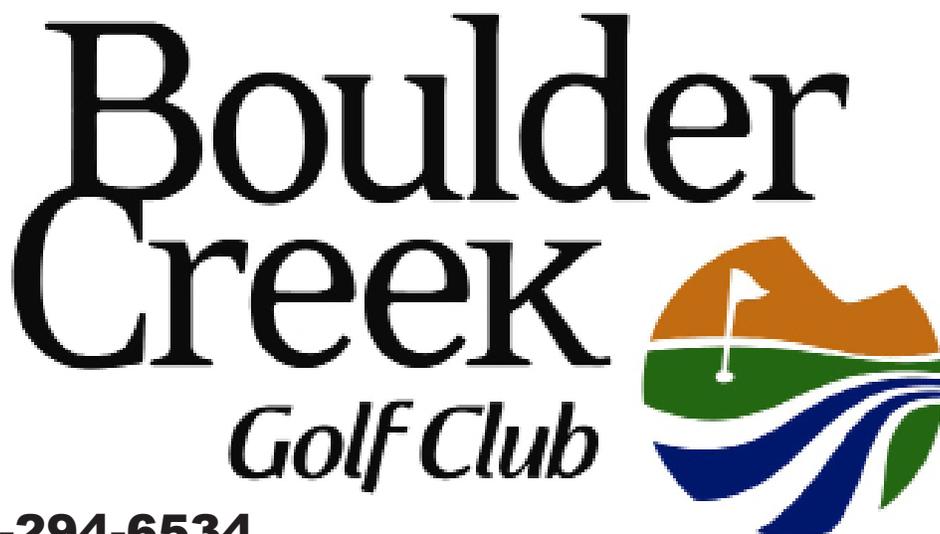


702-293-9236

## GOLF BOULDER CITY

**Check out our full service Pro Shop, Bar and Grill, and impressive Banquet Accommodations at both Boulder Creek Golf Club and Boulder City Golf Course.**

[www.golfbouldercity.com](http://www.golfbouldercity.com)



702-294-6534

**MARTIAL ARTS ~ AIKIDO** is a Japanese self defense martial art based on non-resistance against an aggressor's force to subdue an attack. Circular & centered body movements are used as a means of defense. It is especially beneficial for women as Aikido does not depend on physical strength & is suitable for any age. Aikido ranks are available. Instructor **Bud Hindman**, a third degree black belt and is a member of Birankai North America.

Age 18+  
 Fee \$40 per month  
 Location Rec Ctr #2  
 Day/Time M & W 7-8pm  
 Note Wear loose fitting clothing



**YOUTH BASKETBALL CAMP** will focus on basketball fundamentals and skills for the first hour and then provide scrimmaging for the second hour. Instructor **Brian Bradshaw** is the BCHS girls basketball coach and also works at Martha P King as the school counselor.

Grades 3-8  
 Time 1-3pm  
 Fee \$5 daily  
 Location: BC Parks & Recreation New Gym

**Christmas Break Session:**

December 19 - 22  
 December 27 - 29



**DOG HANDLER DEVELOPMENT** ~ This course will provide a basic knowledge of dog behavior and introduce methods to motivate and train dogs. Students will learn the handling skills to become "pack leaders" and will develop the understanding of techniques, equipment, and the mentality needed to be successful handlers. No aggressive Dogs Allowed! Any questions regarding the admissibility of young dogs, please contact the instructor at 310-866-1510 Instructor: **William Salazar** is a retired Los Angeles County Police K9 Handler. He is cross trained in patrol and narcotics detection. He is a certified POST Police K9 team evaluator, K9 instructor/agitator from Adlerhorst International and has Advanced K9 Handler Certification from Master K9 Academy in California. His wife/assistant, **Maggi** has over 25 years dog training experience as well. They have titled many dogs in AKC competitions including conformation, obedience, agility, earthdog, CGC and have acquired "Versatility Excellent Awards".

Day Friday 7pm-8:15pm  
 (6 weeks)  
**NO dogs at first class**  
 Dates Sept 16 - Oct 21  
 Nov 4 - Dec 16 (no class Nov 25)  
 Jan 6 - Feb 10

Location ABC Park Gym  
 801 Adams Blvd.  
 backside of the property  
 Fee \$75 per session

Age 18+

**LA County Police**

**K9 Koyak**  
**EOW 9/13/2005**



**SWING DANCE**

West Coast Swing is the state dance of California, although not many people know this. It began as an amalgamation of different connection-oriented swing dances during WWII, as thousands of sailors from different parts of the country congregated in our California ports. They brought with them many swing styles such as the Dallas Push, the Carolina Shag, Balboa, Jitterbug, and East Coast Swing. Later in the 60's and 70's, Motown, disco, and hustle also influenced the dance. Today, West Coast Swing continues to evolve with the latest music, which makes it very unique from all the other swing dances; however, we still dance to our roots in the blues. Instructor, **Edgar Acosta** has been dancing since 2013. He has been teaching English for 25 years, the last 9 at Foothill HS, where he started a West Coast Swing Club in 2016. He is very excited to spread the love of this dance to more people in the community!!

Age	13+		
Day/Time	Thursday	6:00 - 7:00pm	
Location	DWP		
Sept	\$50	Oct	\$30
Nov	\$20	Dec	\$50
Jan	\$40	Feb	\$40

Drop in fee \$15 paid at the Rec. Dept.  
 No Class: 10/27, 11/10, 11/24,



**SQUARE DANCE ~ CONTRA DANCE**

You will dance your first night! Square Dance and Contra Dance have common roots. Eileen and Ned are coordinating the lessons so the figures taught are used in both forms of dance.

**Ned Newberg** has called Square Dancing for over 25 years, and has experience with both refresher and new dancer classes. Ned says "my goal is for the dancers to have fun. If the dancers are having fun, then we all succeed". Social Square Dancing is a program for fun level dancing that puts dancers in fun mode the first night.

**Eileen Hug** has taught folk dancing for over 20 years. Eileen started calling contra six years ago for the monthly contra dance. The figures used for Contra Dancing will be taught each night as needed for the dances.

**Saturdays 2:30-4:30pm - Square Dance**  
**6:30-8:30pm - Contra and Square Dance**

- Sept 10, 24
- Oct 8, 22
- Nov 12, 26
- Dec 17
- Jan 14, 28
- Feb 11, 25

Location: **DWP** at 600 Nevada Way  
 Fee: \$7 per dancer per session or \$12 for both money collected at the door - cash or check only



**MOVEMENT WITH MS. MINDY**

Have fun with your toddler as he/she develops social/ motor skills & coordination via music & gymnastics equipment. Mom and/or Dad participates. Instructor, **Mindy Holley** has taught at the preschool level for the City of Henderson and is a former recreational gymnast. **Parent participation required.**

Age: 18 months - 3yrs  
 Day: Tuesday  
 Time: 11:15am - 11:45am  
 Location: Recreation Center #3  
 Daily fee: \$10 per class when space is available

No Class: 10/27, 11/8, 11/17, 11/22-24, 12/15, 12/20-29 & 2/14

Sept	\$25	Oct	\$25
Nov	\$19	Dec	\$13
Jan	\$31	Feb	\$19

**KINDERGYM**

This class is next after Movement when gymnasts know the routine of the classroom expectations and are seeking to improve their beginner skills. Potty training required. Instructor, **Mindy Holley**, has taught at the preschool level for the City of Henderson and is a former recreational gymnast.

Age: 4 & 5 year olds  
 Time: 12:00pm - 12:45pm  
 Days: Tuesday and/or Thursday  
 Location: Recreation Center #3  
 No Class: 10/27, 11/8, 11/17, 11/22-24, 12/15, 12/20-29 & 2/14

Daily fee: \$10 per Class when space is available

**Children must be potty trained for this class**

	Tues	and/or Thurs
September	\$29	\$36
October	\$29	\$22
November	\$22	\$15
December	\$15	\$15
January	\$36	\$29
February	\$22	\$29



**Open Gym - New Class!**

Instructor **Mindy Holley** has taught at the preschool level for the City of Henderson and is a former recreational gymnast. Open gym is designed for our little gymnast who wants to stretch, release energy & practice their choice of movements to achieve personal goals.

Age: 2 - 4 year olds  
 Day: Thursday  
 Time: 11:15am - 11:45am  
 Location: Recreation Center #3

Daily Drop in fee: \$10 per class when space is available

No Class: 10/27, 11/8, 11/17, 11/22-24, 12/15, 12/20-29 & 2/14

Sept	\$31	Oct	\$19
Nov	\$13	Dec	\$13
Jan	\$25	Feb	\$25



**GYMNASTICS W/ MISS MCKENNA**

Instructor **McKenna Johnson** has been teaching the Recreation Department since 2017. She was a recreational gymnast and a cheerleader for 6 years.

**BEGINNERS** learn to do basic gymnastic movements on the floor. Flexibility is increased and basic tumbling is taught. Bars, beams, and vault are introduced.

**INTERMEDIATE & ADVANCED** classes are designed for the gymnast with intermediate skills on beam, bars, floor, and vault. Gymnast should be able to do a back walkover. Skills are polished and difficulty increased.

Location: Recreation Center #3  
 No Class: 11/22-24, 12/20-29, 2/14  
 Age: 6+  
 Beginner: 4-5pm  
 Intermediate: 5-6pm  
 Advanced: 6-7pm Tues & Thurs only

	Tues	Wed	Thurs
Sept	\$33	\$33	\$41
Oct	\$33	\$33	\$33
Nov	\$33	\$33	\$25
Dec	\$17	\$17	\$25
Jan	\$41	\$33	\$33
Feb	\$25	\$33	\$33

Drop in \$12 for class if space is available

Private lessons are \$20 per 1/2 hr



**Gentle Yoga** is for everybody, and I encourage each participant to listen to their own unique body and its needs. This is one-hour yoga class for all ability levels. I always give several modifications and options to accommodate a wide range of body types and ranges of mobility. Yoga has deep, ancient roots and a very healthy growing edge. I try to honor the traditions of yoga and also embrace common sense innovations that fit our contemporary lifestyles. In addition to floor poses, I teach pranayama (breathing exercises) and meditation as a part of the class. Instructor **Joan Robinson** RYT 200, teaches yoga, meditation, and breathwork. She obtained her initial teacher training at Mount Madonna Institute in California, with additional training in Functional Yoga with Robert Grilley at the Pranayama online school.

Location: DWP at 600 Nevada Way  
 Day/Time: Monday 5:30pm - 6:30pm  
 Thursday 10:30am - 11:30am

	Monday	Thursday
September	\$27	\$45
October	\$45	\$36
November	\$36	\$27
December	\$27	\$36
January	\$45	\$36
February	\$27	\$36
No Class:	9/5, 11/24, 12/8, 12/26, 2/20	
Drop in	\$12/class	

**HORSEBACK RIDING LESSONS**

**Megan Meyer** is a volunteer with the Boulder City Police Mounted Unit. She has experience in both English and Western disciplines; including barrel racing and jumping. She has also trained horses for mounted police work. Megan has been training kids in horsemanship for a number of years. She is also finishing up her degree from nursing school.

**Scott Pastore** is a mounted police officer for Boulder City. He is also an instructor and horse trainer for the Western States Mounted Officers Association. Scott was the director for Boulder City high school rodeo for 6 years and has been an Ambassador for the AQHA for the past 8 years. Scott has been teaching the Boy Scouts Horsemanship Merit Badge and Animal Science for the past 6 years. Scott is versed in both Western and English riding disciplines.

BC Corrals @ 1 Corral Rd  
 Day and Time Arranged with instructor  
 Fee: \$36/ half hour lesson, \$60/ hour lesson  
 Adult, youth & group lessons available

**FUNCTIONAL FITNESS FOR SENIORS**

Functional fitness refers to exercises that enhance our ability to “function” in a greater capacity on a daily basis. Functional fitness exercises imitate day-to-day motions and activities creating an increase of strength and mobility. The department Health and Human Services recommends that adults get a least 150 minutes of moderate aerobic activity weekly and participate in strength training exercises for all major muscle groups at least two times a week. This 45-minute class includes strength, stability, mobility exercises that focus on the 5 basic movement patterns to include the bend and lift, single leg movements, pushing movements, pulling movements and rotational movements. Participants stand and sit as well as use resistance bands, dumb bells, and balls during the class. This class is a low to moderate class depending on individual fitness levels. This class is taught by **Mary Hinson**, Personal Trainer.

Fee: \$24 individual per month  
 \$36 couple per month  
 \$5/Drop in

Day: M, W, & F

Time: 8:45-9:45am

Age: 55+ & physically challenged

Location: Rec Ctr. Old Gym



**TAI CHI/CHI KUNG**

This practice incorporates elements of CHI KUNG and TAI CHI to strengthen and balance energy (chi) in the body. It is designed to improve balance, flexibility, energy and mindfulness while relieving stress. The overall objective is to experience movement in conjunction with breath using self-healing exercises to center and realign the body. Instructor **PATRICIA AMON** began studying Lohan School of Shaolin Tai Chi and Chi Kung in 2006. She has since studied Tai Chi and Chi Kung with instructors in Montana and Nevada and has been teaching since 2010.

Age: 14-low 100s

Day/Time: F 8-9am

Location: North Escalante Park

No class: September, 12/16 & 12/23

Daily fee: \$7

October \$20 November \$20

December \$15 January \$20

February \$20

**HIGH FITNESS**

HIGH Fitness brought aerobics back in a hip and unique way, and participants are loving this group fitness revival. HIGH took Old School Aerobics and transformed it into a modern, heart pounding, fun, and effective workout. Cardio, toning and all the endorphins. Consistency and simplicity are key to the HIGH Fitness brand. Classes are fun, easy to follow, and choreographed to set you up for success. Whether you’re going HIGH or Low, classes are designed to get you moving, keep you motivated, and help you work off the emotional weight. You will have an absolute blast and leave wanting more – yes, exercise can be this fun! Instructor **Jean Palmer** used to hate exercise and now can’t get enough of it. She has been teaching High Fitness for 4 years. My favorite kind of classes are themed playlists (Think Hip hop, Summer jams, Halloween, Patriotic classes etc.) If they are glow in the dark...that makes any class next level!

Location: DWP at 600 Nevada Way

Day/Time: Tuesday 7:00pm - 8:00pm

\$32 for 4 classes or

\$10 drop in rate





**PILATES** is a system of controlled exercises that engage the mind and condition the total body. The blend of strength and flexibility training improves posture, reduces stress and creates long, lean muscles without bulking up. Pilates takes a balanced approach so that no muscle group is overworked and the body moves as an efficient, holistic system in sport and daily activity. Instructor **LYNN ST PIERRE** certified via Peak Pilates.

**PILATES BASIC MAT CLASS** will start with fundamentals. In this class you will learn the basic series of exercises upon which the entire Pilates method is built. This total body work out incorporates breathing techniques, core strengthening and stability of muscles. The heavy emphasis on abdominal strengthening is a necessity at every fitness level. Increase strength, balance and agility while relaxing and focusing your mind.

Fee: \$10 daily  
 \$35 for 4 classes  
 \$50 T/Th monthly fee

Day/Time: T & Th 9am-10am

Location: NV Way Rec Bldg (DWP)



**LINE DANCING** is as easy as 1, 2, 3. This class will teach you standard line dance steps that you will transform into flowing line dances. Each week you will enjoy a variety of music while you exercise your mind and body. Perfect for the beginner dancer, or those just needing to reinforce the basics. **Instructor Lynn St Pierre.**

Age: All ages  
 15 & under require adult participation

Location: NV Way Rec Bldg (DWP)

Fee: \$8 daily  
 \$30 for 4 classes

**Advance Line Dance**

Day/Time: M 3:00pm - 4:30pm

**Easy Beginners Class**

Day/Time: M 4:00pm - 5:00pm

**Beginners class**

Day/Time: W 6:00-7:30pm

**Easy Beginner Class**

Day/Time: F 9:30-10:30am

**Enjoy any or all of the dance classes above at one flat rate of \$45 for the month.**

**YOGA WITH SHEENA**

Instructor Sheena Stewart stumbled into a yoga class a handful of years ago, and was hooked! It is such a beautiful balance of strength and flexibility, exertion and releasing. Sheena loves connecting body and mind, and it's a practice she continues to work on. She received her RYT (Registered Yoga Teacher)-200 hour certification, and hopes to bring students to a place of happiness, gratitude, and self love on their mats; honoring where they are in their practice. Bring your own yoga mat

Location: NV Way Rec Bldg (DWP)  
 Day & Time: Friday 8-9AM - All levels yoga  
 drop in fee \$12

Sept 2, 9, 16, 23, 30 \$45  
 Oct 7, 14, 21, 28 \$36  
 Nov 4, 11, 18 \$27  
 Dec 2, 16 \$18  
 Jan 6, 13, 20, 27 \$36  
 Feb 3, 10, 17, 24 \$36



Manager: Marcie Gibson  
 Age: 16+

(Younger persons can contact the manager for a case-by-case review for consideration)

RenewActive™  
 by UnitedHealthcare

**FEE SCHEDULE**

Daily fee:	\$4	Single
Wkly Fee:	\$10	Single
1 mo fee:	\$25	Single
	\$40	Couple
	\$55	Family of 3
	\$75	Family of 4
	\$90	Family of 5
3 mo fee:	\$60	Single
	\$100	Couple
	\$140	Family of 3
	\$185	Family of 4
	\$230	Family of 5
6 mo fee:	\$100	Single
	\$170	Couple
	\$255	Family of 3
	\$340	Family of 4
	\$425	Family of 5
Personal Training	\$40/session	
Open:	M-Th	5am-8pm
	Fri	5am-7pm
	Sat	7am-4pm

**Sunday/Major holidays Closed**

“Community” is not just part of our name; it is what our Fitness Center is all about. Approximately 90 of your friends & neighbors use the Community Fitness Center on any given day. Many friendships are created in our friendly, relaxed, & family-oriented facility. Most of our staff are volunteer workers, part of that wonderful community of helpful, involved, people who make Boulder City the special place it is.

A membership has no conditions, contracts or further obligation. It's only \$4 for an entire day of facility usage. If you are a regular user, you may wish to take advantage of our \$25 per month rate. There are also discounted rates for 3& 6-month memberships, as well as for “couples” & “family” memberships. You only pay for what you want, how you want & only as long as you want.

We are located in the ABC Park. Stop by & check us out. Become healthier, meet people & make some new friends (or visit old ones)!

**BENEFITS**

- ~Friendly & family-oriented~
- ~Trained helpful staff~
- ~Full line of free weights~
- ~Exercise & cardio machines~
- ~Certified personal trainers~

**Boulder City Community Fitness Center is a Tivity Health Silver Sneakers® Fitness and Renew Active by UnitedHealthCare provider.**

**Call 702-476-0180 or stop by at 801 Adams Blvd for all the specific information.**

**Personal Training**

Personal training can be beneficial for elite athletes & those who have never exercised before. If you want to lose weight, improve your sports performance, or to be assured that you are truly improving your health in the most efficient manner, a personal trainer may be just what you need. A personal trainer can tailor a fitness program that takes your current physical condition & fitness goals into consideration.

**Mary Hinson** is an American Council on Exercise (ACE) Certified Personal Trainer. She has a passion for the outdoors and fitness and believes the first step towards improving health and fitness is an active lifestyle. Young or old, Mary's programs are geared toward improving overall health and fitness through a balanced approach of activities designed to get you up and moving.

Call to get more information regarding our personal training services or to make an appointment with a Community Fitness Center trainer, simply visit your **Community Fitness Center @ 801 Adams Blvd. 702-476-0180.**



**YOUTH SPORTS**

**YOUTH SPORTS FEES WAIVED!!!** City Council approved a measure to provide funding so that kids can join youth sports **FREE OF CHARGE.** The City of Boulder City received ARPA funds as a result of the **COVID 19 pandemic.**

**PRE-REGISTRATION is required for each youth sport.** The league a child plays in is determined by their grade in the fall.

**SOCCER-CO-ED**

Fee \$Free  
Location Pratte Field

Registration must be made by **August 18, 2022** after August 18 your child will be placed on a waiting list. Players may attend the Player Skill Clinic, but it is not mandatory.

**CLINIC:**

Grade K Sat 8/13 @ 8am  
Grade 1-2 Sat 8/13 @ 9am  
Grade 3-5 Sat 8/13 @ 10am  
Grade 6-8 Sat 8/13 @ 11am

**YOUTH CO-ED VOLLEYBALL  
3rd-8th Grade**

Fee \$Free  
Location Recreation Center - New Gym

**CLINIC:**

Date/Time Sept 17 9am 3rd-5th grade  
Sept 17 10am 6th-8th grade

Registration must be made by **September 22, 2022** after Sept 22 your child will be placed on a waiting list.



**FLAG FOOTBALL-CO-ED**

Fee \$Free  
Location Pratte Field

Registration must be made by **September 29, 2022** after Sept 29 your child will be placed on a waiting list. Players may attend the Player Skill Clinic, but it is not mandatory.

**CLINIC:**

Grade 3-4 Saturday Sept 24 @ 8am  
Grade 5-8 Saturday Sept 24 @ 9am



**BASKETBALL CO-ED**

Fee \$Free  
Location: Recreation Center

Registration must be made by **December 15, 2022**, after December 15, your child will be placed on a waiting list. Players may attend the Player Skills Clinic, but it is not mandatory.

**CLINIC:**

Grade 3-4 Saturday 12/10 @ 9am  
Grade 5-7 Saturday 12/10 @ 10am

**FLOOR HOCKEY**

Fee \$Free  
Location Recreation Center

Registration must be made by December 29, after December 29 your child will be placed on a waiting list. Players may attend the Player Skill Clinic, but it is not mandatory.

**CLINIC:**

Grade K Saturday 12/17 @ 9am  
Grade 1-2 Saturday 12/17 @ 10am  
Grades 3-6 floor hockey is offered after basketball season ends in February.

**ADULT SPORTS**

Age 16+ minors require parental permission  
 Note A Team Manager or Rep. must attend the meeting.  
 Meeting via Google Meet  
 Info Please call Kelly Lehr @ 702-293-9254

**Those individuals not belonging to a team, but interested in playing, will be added to a free agent list for existing teams. This does not guarantee placement.**



**DODGEBALL**

Date/Time 12/17 @ 5pm  
 Fee \$60  
 Proceeds go to Boulder City Emergency Aid

**COED SOFTBALL** Recreational  
 Meeting - Thursday, Aug 25 @ 5pm via Google Meet

**WOMEN'S RECREATIONAL VOLLEYBALL**  
 Meeting - Monday, Aug 29 @ 5pm via Google Meet

**MEN'S COMPETITIVE BASKETBALL**  
 Meeting - Thursday, Dec 15 @ 5pm via Google Meet



**OPEN GYM-RECREATION CENTER**

**(MUST BE 12 YRS OLD)**

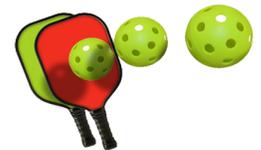
Mon-Th 3-8pm~Fri 3-6pm~Sat 1-4pm  
 Times may vary due to city leagues, staffing or special events

Activities include  
 ~Volleyball~  
 ~"Drop-in" play~  
 ~Uninstructed basketball~

Participants must be **12 years** old unless accompanied by an adult.

For current information, please see the gym schedule in the Recreation Department lobby or online at [bcnv.org](http://bcnv.org)

**PICKLEBALL**



**Indoor:** Rec.Ctr.  
 Day: Mon - Fri 8am - 12pm  
 Saturday 9am - 1pm  
 Note: Closed for special events

Local Pickleball Club use sponsored by Boulder Dam Credit Union

**Outdoor:** ABC Park (801 Adams Blvd.)  
 Nets are stored in a box at the pickleball court.  
 Broadbent Park (861 Ave B)  
 Nets are chained to fence, call 702-293-9256



**TINY TOTS**

The Tiny Tots program focuses on enriching children in areas of socialization skills, creativity through varied art medium, motor skills development through P.E. activities, introductory academic skills such as: recognizing & learning to write upper & lower case ABC's, numbers 1-10, & all shapes & colors.

Register: Recreation Center  
 Location: Recreation Center #4  
 No Class: School Holidays

**Age 3-4**

**Tues & Thurs**

**12:15pm-2:45pm**

August/September	\$100
October	\$ 80
November	\$ 70
December	\$ 40
January	\$ 90
February	\$ 80
March	\$ 70
April	\$ 80
May	\$ 60

**Age 4-5**

**Mon through Thurs**

**9:30am-12:00pm**

August/September	\$180
October	\$170
November	\$150
December	\$ 80
January	\$150
February	\$150
March	\$140
April	\$150
May	\$120

**TINY TOTS INSTRUCTORS**

**Bridget Martorano & Melissa Wirthlin**



**SAFEKEY**

The Safekey program is a safe alternative for children home alone after school. We are offering an afternoon filled with fun, games and activities to engage your child with their peers in a safe, clean and supervised environment.

**Safekey 702-287-6154**

Grades: K-5  
 Location: Martha P King Elementary  
 Closed: School Holidays

Fees: \$5 7-8:45am (before school)  
 \$10 3:06-6pm (after school)

**Note:** Prepayment is required for specific days. Due to staffing shortage, we are limited to the number of children we can take. We also cannot give refunds, transfers or credits. Please plan accordingly. Please call the Recreation Department to register 702-293-9256



**WINTER BREAK SAFEKEY**

Is a fun, all day version of our Safekey program that is packed with games, arts & crafts, sports & more. This program offers safe supervision & a chance for kids to interact with friends their own age. Sign up early! Limited enrollment

Grades: K-5  
 Register: Recreation Center  
 Fees: \$20/day  
 Location: ABC Park Gym  
 Date: Winter Break  
 December 19-23  
 Decmber 27-30 (No Safekey 12/26)

# CITY PARKS ARE OPEN DAILY FROM 5AM - 10PM

Visit the Parks & Recreation office at 900 Arizona St.

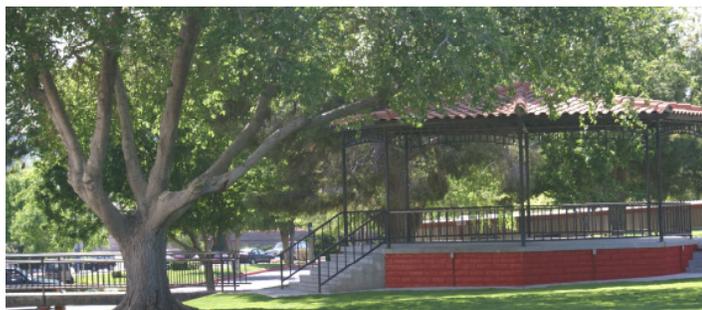
For more information on reserving a gazebo or park or call 702-293-9256

## **ADAMS BLVD COMMUNITY PARK (ABC PARK) 801 Adams Blvd. {14}**

Hours vary for the Art, Fitness & Youth Center. Gymnasium and classrooms available on a reservation basis.

## **BICENTENNIAL PARK 999 Colorado Street {20}**

This park is seven acres of beautiful green grass and trees for your enjoyment. Excellent for a family get-together. The gazebo band-stand, built for the Bicentennial Celebration, is an excellent covered facility for special events. Park also includes a children's play area.



## **BOOTLEG CANYON 1000 Yucca Street {34}**

Outstanding trails, beautiful lake views & well-maintained trails. Lower trails are beginner; higher trail are intermediate & expert runs. Open daily, excluding practices & races. Note: Use of safety equipment is strongly recommended. Please leave the area in the same, if not better, condition as when you arrived. Location: turn north on Yucca St. & head toward the BC on Red Mtn., Canyon Road. Follow the signs to the parking area. For more information, call 702-293-9256.



## **BRAVO SOFTBALL FIELD {31} WHALEN BASEBALL FIELD {32} 891 Avenue B**

These ball fields accommodate the Youth, Men's & Women's Baseball & Softball Leagues.

## **ROBERT N. BROADBENT MEMORIAL PARK 861 Avenue B {8}**

5-acres encompass a variety of recreation facilities including 4 lighted tennis courts, picnic areas, play areas, **Multi-use Building located at 1204 6th Street {29}** with a kitchen and dining area, Swimming Pool & Racquetball Court Complex, horseshoes & more.

## **DEL PRADO PARK 901 Utah Street {23}**

This 2.5-acre park has playground equipment, basketball courts & barbecue grills.

## **HEMENWAY VALLEY PARK 401 VILLE DRIVE {22}**

This park is comprised of approximately 10 acres. Includes playground equipment, multi-level play structure, gazebos, restrooms, picnic area, basketball courts, 2 lighted tennis courts & 2 lighted softball fields. This lovely park has a fantastic view of Lake Mead and attracts wild big horn mountain sheep. These wild animals deserve respect and consideration. Please use judgment when sheep are present in the park.



## **LAKE VIEW PARK 103 Walker Way {25}**

A 3/4-acre park with a tot lot, playground, basketball court, picnic tables, barbecue grills, trees & green open space.

# CITY PARKS ARE OPEN DAILY FROM 5AM - 10PM

Visit the Parks & Recreation office at 900 Arizona St.

For more information on reserving a gazebo or park or call 702-293-9256

## **NEVADA WAY RECREATION FACILITY DEPT. OF WATER & POWER BLDG. 600 Nevada Way (DWP) {30}**

### **OASIS PARK 1419 Marita Drive {24}**

5 acres of beautiful open green area. Enjoy the ball field, basketball courts, playground equipment or the para-course.

### **TEDDY FENTON MEMORIAL PARK 300 Railroad Ave {27}**

This beautiful landscaped park with seven sculptures that may be enjoyed from any of the many park benches provided along the walkway. Adjacent to the park is the Historic Water Filtration Plant and the Community Gardens.



### **RIVER MOUNTAIN HIKING TRAIL Lakeview Subdivision & Hwy 93 {15}**

Built in the 1930's, the Civilian Conservation Corps trail, lies between Red & Black Mountain. Boulder City, the National Park Service & the UNLV Geology Department have renovated the 5 1/2 mile trail. Look for the trailhead sign.

### **RIVER MOUNTAINS LOOP TRAIL**

The River Mountains Loop Trail runs approximately 35 miles on a loop which connect Lake Mead National Recreation Area, Hoover Dam, Boulder City, Henderson and Las Vegas. The River Mountains are home to one of the largest big horn sheep populations in Nevada, which you may encounter on this trail. The trail is 12 feet wide and paved. About 3.5 miles of the trail occupy the old bed of railroad that once ran from Boulder City to Hoover Dam, supplying materials to build the dam. The River Mountains Loop Trail shares its southern section for a few miles with the Historic Railroad Hiking Trail. The two trails have a common trailhead at the Lake Mead National Recreation Area visitor center on Lakeshore Road. {16}

## **SWIMMING POOL & RACQUETBALL COMPLEX 861 Avenue B 702-293-9286 {8}**

The Boulder City Pool and Racquetball Complex, offers year 'round healthy, affordable, enriching, and supervised programs. The 25 meter lap/recreational pool, enclosed by an air support structure September-May, features various classes, and open swim schedules. Part of the facility's stated mission is "to provide high quality and cost effective recreation programs and activities for all residents". Programs include and are not limited to: Parent and Baby, Youth Learn to Swim, BCH Youth Swim Team, Adult Masters Program, Water Exercise, Lap Swim and more! Fees are reasonable with daily, reduced, seasonal, annual, and punch pass rates.



## **VETERANS' MEMORIAL PARK 1650 Buchanan Blvd. {26}**

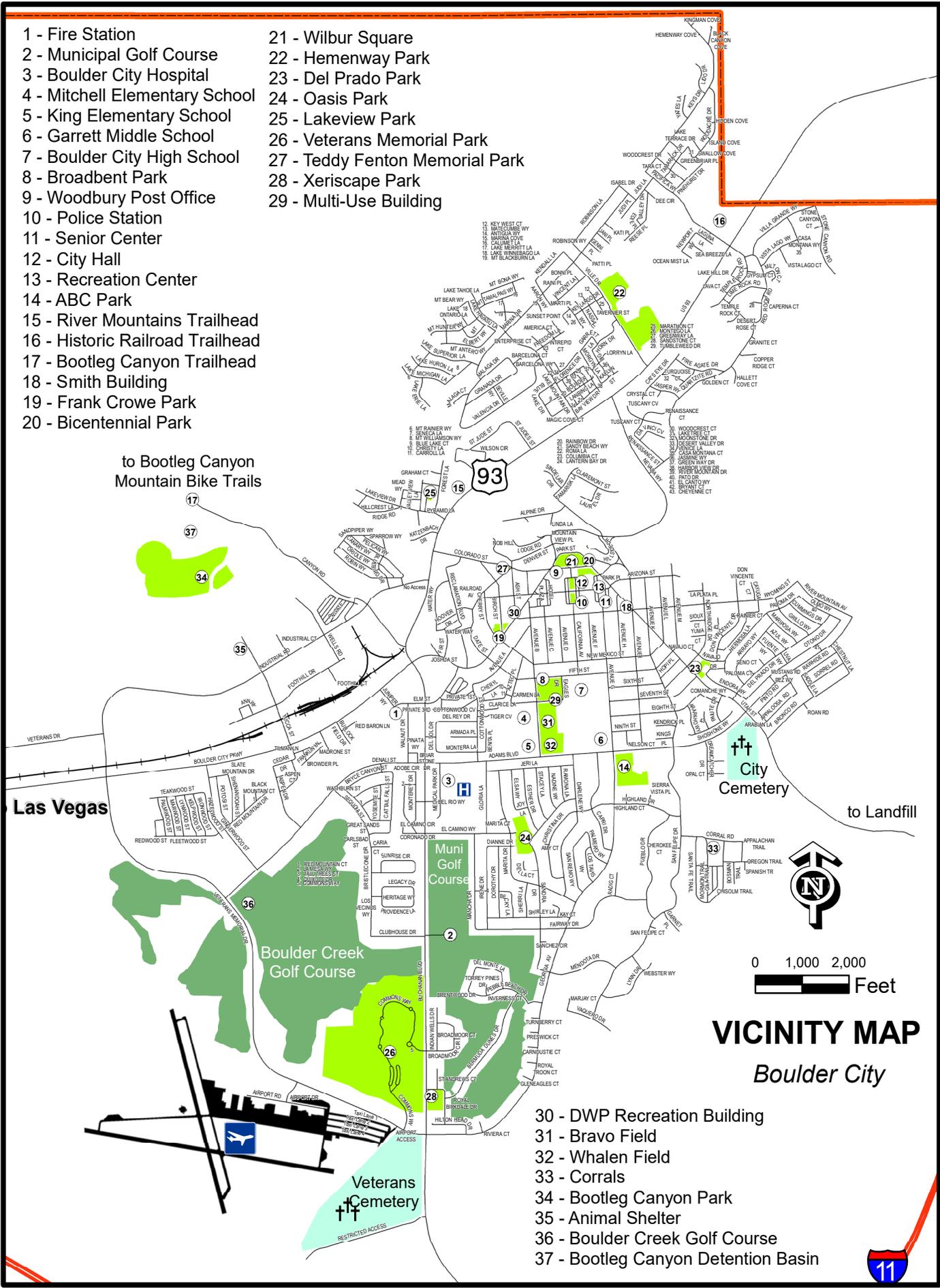
This park is comprised of 25 acres. It includes 4 lighted multi-use ball fields, 2 beach volleyball courts, open green space, skateboard & bike parks, 2 soccer fields, a splash park & picnic/barbecue area & restrooms facilities. Nearby is a 4-acre fishing pond and model boat pond.



## **WILBUR SQUARE 1100 Colorado Street {21}**

Wilbur square was originally designed and constructed by the Federal Government during the construction of Hoover Dam. This 3.3 acre park was named in honor of Ray Lyman Wilbur who served as Secretary of the Interior from 1929-1933. This park is home to many special events throughout the year.

- 1 - Fire Station
- 2 - Municipal Golf Course
- 3 - Boulder City Hospital
- 4 - Mitchell Elementary School
- 5 - King Elementary School
- 6 - Garrett Middle School
- 7 - Boulder City High School
- 8 - Broadbent Park
- 9 - Woodbury Post Office
- 10 - Police Station
- 11 - Senior Center
- 12 - City Hall
- 13 - Recreation Center
- 14 - ABC Park
- 15 - River Mountains Trailhead
- 16 - Historic Railroad Trailhead
- 17 - Bootleg Canyon Trailhead
- 18 - Smith Building
- 19 - Frank Crowe Park
- 20 - Bicentennial Park
- 21 - Wilbur Square
- 22 - Hemenway Park
- 23 - Del Prado Park
- 24 - Oasis Park
- 25 - Lakeview Park
- 26 - Veterans Memorial Park
- 27 - Teddy Fenton Memorial Park
- 28 - Xeriscape Park
- 29 - Multi-Use Building



- 30 - DWP Recreation Building
- 31 - Bravo Field
- 32 - Whalen Field
- 33 - Corrals
- 34 - Bootleg Canyon Park
- 35 - Animal Shelter
- 36 - Boulder Creek Golf Course
- 37 - Bootleg Canyon Detention Basin





# COMMUNITY-BASED

Sponsoring Boulder City Recreation  
Department youth & adult leagues  
and special events for over 30 years.



(702) 293-7777

[www.boulderdamcu.org](http://www.boulderdamcu.org)

530 Avenue G, PO Box 61530 | Boulder City NV 89006